

TEAM 19!

Supporting from the Sea to the DMZ

The Official Monthly Magazine for the 19th Theater Support Command Volume II, Issue 15, January 2005

DMZ tours offer sobering reminder



TEAM 19!

19th TSC

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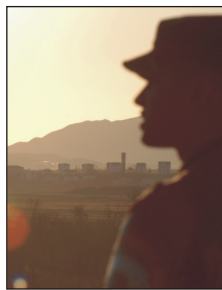
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Ethics, values apply to alcohol use

Greetings Team 19!
I'd like to wish the Soldiers, civilians and family members of Team 19 a Happy New Years, and for our Korean counterparts, Happy Lunar New Year!

As our commanding general, Brig. Gen. Timothy P. McHale, stated in his article last month, 2004 was a good year for the 19th Theater Support Command. Looking back, our Soldiers and civilians accomplished many great things, and I am truly proud to be a part of this organization.

Before we move forward into 2005, though, we need to look at a few disturbing trends.

In December, we saw a sudden increase of incidents, such as physical violence and theft.

These incidents harm not only the people directly involved, but also our relationship with the Korean government, civilian people, and our command's readiness and ability to "fight tonight".



**Command Sgt. Maj.
Larry C. Taylor**

There is one common bond in almost every single incident – alcohol.

But, alcohol-related incidents were not limited to fighting and theft. Sexual assaults and drunk driving are also serious issues in the military that often have their roots in the misuse of alcohol.

When used responsibly, alcohol is not a problem. The problem comes when our Soldiers, family members and civilians let the substance control them, instead of the other way around.

When social drinking crosses the line, people's judgments become impaired, and they risk hurting not only themselves, but others as well.

All too often, people blame alcohol for their problems. "I wouldn't normally do that, but I was drunk," or "I don't remember doing that; I must have drank more than I thought." These examples are some of the worst excuses ever given.

Even when drinking heavily, most people know when they are doing something wrong, but they ignore their conscience and go with the moment.

Starting now, we must all take a serious look

at the way we and the people around us use alcohol.

Most importantly, know your own limits and drink responsibly. Use the buddy system and take care of each other. Your friend may not want to hear that he's had enough to drink, but the important thing is keeping them from hurting themselves or others.

And, it bears repeating again – don't drink and drive. There are too many transportation options in Korea to risk your life or career over getting behind the wheel intoxicated.

We, as Soldiers and civilians representing the U.S. Army, should live up to the Army's ethics and core values, not just at work, but in every aspect of our lives. This means weighing your options, making the best choice possible, then taking responsibility for the outcome, no matter what situation you are in. That is the level of professionalism expected from Team 19 members.

Each and every one of you is an important member of Team 19. Have fun this year, but do it responsibly, and we can make 2005 an even better year for the 19th TSC!

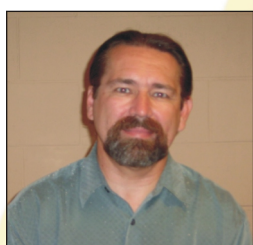
Team 19 out.

Team 19 talks ...

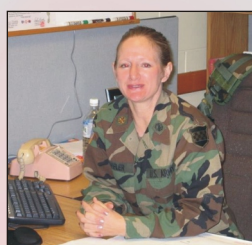
What is the difference between social drinking and alcohol misuse?



Social drinking is moderate and responsible drinking. Alcohol misuse is when a person overdoses the alcohol on a daily basis for no reason.
Sgt. Cui Cui
Randolph
HHC, 23rd ASG
Camp Humphreys



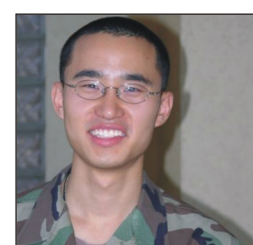
Social drinking is knowing when to quit and the ability to do so. Alcohol abuse knows no limits.
Larry D. Holloway
USAMSC-K
Camp Carroll



Social drinking is having a drink with your friends, and alcohol misuse is needing alcohol to get by every day.
Maj. Carol M. Shefler
55th TMMC
Camp Henry



Social drinking is when a group of people get together and have a few - kickback, relax and that's it. Alcohol misuse is when someone excessively drinks alcohol every day and doesn't care how it effects them.
Pvt. Melinda Coffel
HHC, 501st CSG
Camp Red Cloud



Social drinking helps you to relax and have a good time. Alcohol misuse turns someone's life into a disaster.
Sgt. Park, Chan Woo
HHC, 20th ASG
Camp Henry

19th TSC brings Christmas

**Story and photos by
Cpl. Hwang Kyoo-Won**

Christmas is a day where people spend time with their families and exchange gifts with those they love. But, not everyone has a family to share the holiday with. Both the 55th Theater Materiel Management Center and Headquarters and Headquarters Company, 19th Theater Support Command did their

part to make the holiday brighter for two local orphanages.

The 55th TMMC hosted a Christmas event Dec. 15 at the Daegu Singmangae Orphanage to bring Christmas cheer to children who might otherwise not have much to celebrate.

The orphanage accommodates 61 children, from age four to 22 and 11 staff members. Most children are orphans, but some have single parents who they visit during school



Sgt. Ko, Yoon Kon, 55th TMMC, dresses up as Santa and gives a present to an orphan.

cheer to local orphanages



The orphans sing Christmas carols to show thanks to the 55th TMMC for the Christmas event.

vacations, said Jung, Kwon Sook, the nurse at the orphanage.

Soldiers, Korean Nationals, and Department of the Army civilians from 55th TMMC visited the orphanage, prepared dinner and presented gifts.

"I'm here in Korea all by myself, away from my family," said Spc. David Leonard, an administrative specialist at 55th TMMC. "I know how it feels not to have a family, so I want to help the children here feel better and know that they are not alone."

The Senior Korean Augmentee to the United States Army dressed as Santa Claus and handed out gifts, calling out each child by name.

"At first I felt kind of embarrassed to stand in front of all the kids dressed up in a Santa outfit," said Ko, Yoon Kon, senior KATUSA of 55th TMMC. "But when I saw the smiles on the kids' faces, I felt good, and I even had fun."

The 55th TMMC has supported the Daegu Singmangae Orphanage for many years. "We really enjoy doing this for the children," said Lt. Col. Christopher Rollins, executive officer of 55th TMMC. "Seeing the smiles on their faces makes me feel good."

The children performed Christmas carols to thank the 55th TMMC.

"Soldiers come to us every year during Christmas, Children's Day and Chusok

and host events for the children," said Kwon. "Since the Soldiers come every year, the



Cpt. Sabrina James-Henry, 55th TMMC, hugs an orphan while giving him a present.

children think about them all the time and wait anxiously until the day they return."

Also in Daegu, the Headquarters and Headquarters Company, 19th Theater Support Command hosted a Christmas event at Hodong Orphanage.

KATUSA Soldiers of HHC, 19th TSC conducted fundraisers for about two weeks and bought presents and daily necessities for the children.

"We've raised more money than last year," said Cpl. Kim, Won Suk. "The Soldiers who have donated were very supportive, and we thank them for their charity."

The KATUSAs from HHC, 19th TSC also go to the orphanage and help the children out with their schoolwork every Wednesday.

"We've been teaching for a quite long time," said Sgt. Baek, Jin Woo. "We love playing with the kids, and I guess the smiles on their faces makes me want to go every time."

With this Christmas over, the Soldiers are planning to host another event for the next holiday. "We're thankful to the Soldiers for being with the children on such a special day. It's sad, but true, that these days people are less supportive to the orphanages than before. And it means a lot to the children that the Soldiers visit us," said Kwon.



Soldiers from 501st CSG's support operation section coordinate logistical support as part of the Warpath II Exercise Dec. 13-17.



Staff Sgt. David Johua, training NCO, 501st CSG, and Pfc. Yoo, Doo Hyun, administrative specialist, 501st CSG, set up a camouflage tent.

Story and Photos by Sgt. Han, Won-jong

The 501st Corps Support Group conducted the Warpath II Exercise Dec. 13-17. They planned for two weeks for this exercise. The 501st CSG Headquarters, 2nd Infantry Division and all their subordinate elements, Eighth U.S. Army, and other units across the 19th Theater Support Command, including the 498th Transportation Battalion and the 25th Transportation Battalion, provided personnel in the simulation center.

"It's a total Eighth Army effort," said Col. Jayne A. Carson, commander, 501st CSG.

"This command post exercise is battle staff training," she said. "The purpose of this exercise is to train our command and control procedures into refinement. It's not just the procedures of what we do in the [tactical operations center], but it's also how we use our command and control systems."

"In this exercise, 501st CSG provided combat service support to all elements of the 2nd UEx. The UEx is a part of the transformation of what we all know as 2ID. As we transform the Army, we are not calling it a division or a corps, but UEx is a command and control headquarters that has both division and core capabilities.

Until we decide what to call it, it's called UEx," said Carson.

"It's only through this kind of simulation that we are able to exercise all of our command and control procedures. Once you become mixed in with the scenario, the scenario becomes real," said Carson.

The exercise was focused on the internal operation of TOCs and the capability to communicate with 501st CSG's subordinate units across the battlefield, she said.

The 501st CSG controlled three subordinate battalions, including two corps support battalions. In total, 501st CSG has three supply companies, four maintenance companies, a medical company, and transportation companies.

"We have a lot of transportation capabilities," Carson said. "Our focus is on the distribution of supply at the right time to the right place to the combat elements."

One hundred 501st CSG Soldiers physically participated in this exercise. However, the 501st had more than 7,000 Soldiers as a part of the command and control simulation and more than 1,500 vehicles used to not only transport Soldiers, but to distribute supplies across the battlefield, she said.

"Through real-time simulations, I got a better understanding of what our tasks are," said Pvt. Cha, Kyung-ho, cams2 operator, support operation, 501st CSG.

"I feel the need for more training like this, because knowing how to react in case of a war is very important. This has been a more hands-on experience than the regular office work, and I had many chances to communicate with other Soldiers and to build teamwork."

During the after action review, Soldiers brought up many positive and negative aspects in their specialty areas.

"I am very pleased with the level of sophistication of our NCOs, young Soldiers and all officers on their understanding of logistical tactics," Carson said.

"The operational tempo is pretty quick so there's lots of learning going on. And none of this is easy," she said.

"From the support operation's perspective, as the division transitions into its new way of fighting, the 501st is transitioning into its new way of supporting the war fighter. I think it's going very well for the first time we've done this,"

said Sgt. Maj. Billy Burks, support operations sergeant major, 501st CSG.

This exercise provided good learning opportunities for both young Soldiers and NCOs in their perspective areas.

"I realized how important our job is - how these units rely on us to make sure they get what they need on time," said Pfc. Terah Kirk, administrative specialist, support operation, 501st CSG. "I am learning how we supply and re-supply support to 2ID through this exercise."

"The most important thing I am learning is the way the division plans on fighting in the future," said Burks. "I am also learning some of the constraints that face the 501st as we transition under the new modularity concept - some of the areas we need to pay more attention to. There's always room to improve, especially when you are trying something new."

As they successfully played their roles, 501st Soldiers bonded to achieve their mission.

"I have been in all types of units, and Soldiers of the 501st are the most motivated Soldiers I have been across for my 28 years of service," said Burks. "I am proud of what they do and what they bring to the table - a rich contribution to this unit."

"This is one team of champions, and we are all moving in the same direction, which is towards logistics excellence," said Carson.



Top: Staff Sgt. David Johua, training NCO, 501st CSG, and Pfc. Yoo, Doo Hyun, administrative specialist, 501st CSG, hook up the power generator.

Bottom Left: Pvt. Seo, Pyung Sik, assistant administrator, 501st CSG, tests phone lines inside the TOC.



Sgt. Choi, Kyoo Chul, assistant administrator, 501st CSG, and Pfc. Lee, Kun Chang, driver, 501st CSG, update information on the map board.



A ROK Army Soldier stands guard at the DMZ.

DMZ tours offer a haunting reminder to Soldiers why they serve in a ... Divided Nation

Story and Photos by Sgt. Jimmy Norris

Armed guards, barbed wire, infiltration tunnels and coast-to-coast land mines are hardly things people tend to associate with tourist attractions, but for Soldiers and civilians in the 19th Theater Support Command, they can be exactly that.

Thanks to the 19th TSC Civil Military Operations Office, members of Team 19 regularly receive the opportunity to visit Korea's infamous Demilitarized Zone, the 150-mile long, two-Kilometer wide, "no mans land," separating the democratic south from the communist north.

"It's an interesting tour, and it pretty much gives you the full definition of why American Soldiers are here," said Spc. Kenneth Dillingham, Headquarters and Headquarters Company, 19th TSC.

Dillingham is one of the Soldiers who help coordinate the tour for the 19th TSC.

The trip begins at Dongdaegu Station. After a two-hour ride to Seoul on the KTX train, participants board a bus for a one-hour ride north, for a look at the DMZ museum and Tunnel Three.

The museum tour begins with a three-screen video presentation explaining the history of the DMZ. Following the movie, visitors can look around the museum itself, which displays a number of photos and artifacts relating to the Korean War, the DMZ's unique ecology and the Korean people's hope for reunification.

But the museum was just the opening act. The real draw on the first leg of the tour is Tunnel Three.

At two meters wide and 1,635 meters long, Tunnel Three was at one time capable of allowing hourly passage of up to 10,000 Korean People's Army soldiers for a surprise

invasion.

Now, barricaded and guarded, the 250 meters of the tunnel open to the public offers a chance for hard-hat wearing tourists to travel underground to within 170 meters of the DMZ.

Following the Tunnel Three tour, visitors once again board the bus and move to Observation Point Dora, where they can view North Korea from a distance before going to the Camp Bonifas and the Joint Security Area.

There, visitors receive an overview of the local geography and history, as well as a briefing on acceptable conduct while at the DMZ.

After the briefing, visitors go to for the tour's finale – the DMZ itself.

There, visitors have the chance to stand as close as 50 meters away from armed North Korean soldiers and even take photos of

them.

“It was a memorable sight,” said Cpl. Shin, Pil Ho, a Korean Augmentee to the U.S. Army assigned to HHC, 19th TSC’s Equal Opportunity Office. “Seeing South Korean [Military Police] and soldiers from North Korea guarding the area seems kind of intense, and it kind of illustrates the situation between North and South Korea.”

Other highlights on the tour include: Freedom House, which was built with the intention of hosting reunions between families separated by the border; a one-hole golf course surrounded by landmines; the Bridge of No Return, across which prisoners of war were repatriated and a memorial commemorating the 1976 Panmunjom axe Murders, in which two U.S. Army officer were killed by North Korean soldiers in a dispute over the trimming of a tree.

While the Dec. 10 tour was the last one before spring, according to Dillingham, monthly tours will resume in March. The tour is free to U.S. Army Soldiers, KATUSA Soldiers and Department of the Army Civilians. Family members wishing to attend must pay for their own train ticket.

For more information call Spc. Kenneth Dillingham at 768-8079.



Left: A North Korean Soldier stands guard at the DMZ. Below: Two North Korean Soldiers attempt to observe the tour group from across the border.





Pfc. Jesse Bryson and Pfc. Clint Cain guard the "Bloody Angle", an area on the perimeter of the 194th Maint. Bn.'s field site named for a Civil War battle.

Maint. Bn. goes 'Forward with Support'

Story and photos by Steve Davis
Area III Public Affairs Office

When Lt. Col. Kang, Chae-ku, commander of the 80th Maintenance Battalion, 3rd Logistics Supply Support Command, Third Republic of Korea Army, visited Tactical Assembly Area Tom Dec. 7 to compare how similar Korean and U.S. units operate in the field, he summed up one of the most striking differences — mobility.

As he range-walked the 194th Maintenance Battalion exercise area, Kang said he was amazed at the ability of the 194th to move quickly to the field from fixed positions at Camp Humphreys, where the unit provides intermediate-level supply, maintenance and repair support for helicopters, wheeled vehicles, armaments, communications and electronics gear.

"Lt. Col. Kang had visited our facilities at Camp Humphreys, and now he's seeing how we operate in the field," said Lt. Col. Steven Elkins, battalion commanders, whose unit is preparing for an external evaluation.

What he saw was the battalion maintaining a security perimeter against opposing forces, while continuing to service customers' equipment.

"Our maintenance mission continues in the field, even though we have to defend against opposing forces," said Capt. Brian Beiner, the battalion operations officer.

The battalion is comprised of: a Headquarters and Headquarters Detachment; the 520th Maintenance

Company, a direct support maintenance company; the 348th Quartermaster Company, a supply company; and two aviation intermediate maintenance companies, Company G and Company C, 52nd Aviation Regiment.

Picking up and going to the field is routine for some Soldiers from the 520th Maint. Co., who work in vans, even back at Camp Humphreys, when they are not in the field.

"It's no big deal," said Pfc. Roadel Epps, as he worked on a customer's environmental control unit in the field. "It's more fun in a field environment."

As Epps worked, other Soldiers guarded "Tiger" or "Raider" gates and their part of the area perimeter against sneaky opposing forces, who attack day or night.

"They've attacked several times," said Capt. David Normand, 520th Maint. Co. commander, "but they've never breached our area."

Between skirmishes, Soldiers continued to work on customer's equipment shuttled from Camp Humphreys to the field, holding true to their motto, "Forward with Support".



Support Operations Maintenance Officer Chief Warrant Officer 5 Lee Franklin (left) briefs Lt. Col. Kang, Chae-ku, Third ROK Army, (center) and Maj. Monte Harris, battalion executive officer, during the field exercise.

19th TSC Korea, CONUS meet in Iowa, plan for future exercises, contingencies

**Story and photo by
Lt. Col. Janet Townley**

Military leaders from all across the United States, Germany and South Korea met Nov. 19 for the annual 19th Theater Support Command Wartrace Conference at the Air National Guard in Des Moines, Iowa. The leaders gathered to plan for what would happen when the 19th Theater Support Command and its wartrace units go to war.

Brig. Gen. Charles Barr, deputy commanding general of the 19th TSC (CONUS) in Des Moines, hosted the conference. Barr welcomed more than 130 attendees to the conference. In his opening remarks, he categorized today's military into three groups: "Those that have been deployed, those that are getting ready to deploy, and those that don't know that they will be deployed."

Barr related this to the most recent unit, the 366th Mobile Public Affairs Detachment from Des Moines as he had just attended their farewell ceremony the evening prior to the Wartrace Conference. The focus throughout the conference was readiness, to include mission, communications, training and command relationships. Unit readiness is key for deployability and leads to high success on the battlefield, he said.

Brig. Gen. Timothy P. McHale, commanding general of the 19th TSC (Korea), attended the conference along with several members of his staff. McHale, having assumed command in September, met a majority of the attendees for the first time.

The two commanders work closely to develop a cohesive, multi-component unit made up of troops in the U.S. and overseas. It is important for the two units to have a "seamless" integration for training exercises, but it is even more important for when boots hit the ground in Korea.

The same holds true for the units war traced to the 19th TSC in the event of conflict in Korea. The conference

agenda included a peninsula intelligence update and a briefing on the 19th TSC of today and tomorrow.

The two briefings coupled together gave valuable indicators to the subordinate units, which they can use for planning of wartime mission requirements.

The conference provided an opportunity to develop training strategies that enhance mission success. McHale emphasized the transformation that the Korean peninsula is undergoing. He explained the strategy of positioning the Korea-based units to their planned locations. Sustainment of the Korea-based units in peacetime will be more efficient, however, the effect for the local Korean businesses near the existing unit locations is a concern.

Many of the units in attendance have either participated in one or both of the major training exercises held in Korea: Reception, Staging and Onward Integration and Ulchi Focus Lens. Both of these exercises provide great situational analysis for units to consider their Korean focus, global engagement, and CONUS support. The logistical support of moving the CONUS Soldiers to Korea is also a real life mini-exercise in deployment strategy that emphasizes the challenges faced during an influx of military personnel into Korea.

The annual Alamo exercise, held at Fort Hood, Texas, provides greater opportunities for the CONUS wartrace units to partake in joint logistical planning at a lesser cost to the unit. Many stateside units are not able to train in Korea or are limited to the number of personnel that can participate because of the overseas travel costs. The conference agenda covered the Alamo 2005 concept brief, giving the units information well in advance of the next CONUS based exercise.

Operation Iraqi Freedom lessons learned was also presented on behalf of the 377th Theater Support Command by Col. James Lee. Mission requirements, challenges, areas that went well, and areas of needed improvement were shared honestly with the group. Again, adequate planning and training seemed to be key tasks.

The conference was highlighted with a formal dinner held in conjunction with the 3rd Corps Support Command at University Park Holiday Inn located in West Des Moines.

Attendees also attended a spiritual breakfast on Sunday morning where the Third Corps Support Command Chaplain, Col. Andy Bacon, gave guidance and biblical examples of the Army value of "Integrity".

The conference culminated with mission back-briefs from the wartrace units.



Soldiers from 19th TSC Korea and CONUS gather together for a spiritual breakfast during the Wartrace Conference in Des Moines, Iowa.

Misuse of alcohol harms Soldiers

Story by Sgt. Han, Won-jong
and Sgt. Jimmy Norris

Even after three to four years of drinking, Rob (who asked not to have his last name used) didn't think he had a problem.

"I'm not a problem drinker," he'd tell himself. "They're just out to get me."

There was always a "they," he said. "They" were the command. "They" were his supervisors. "They" were the problem. Not his drinking.

"It clouded my judgment, because I was in a daily fog. It distorted my thoughts, even when I was sober," he said. "It had very little effect on my actual work. I wasn't late. I didn't fail any PT tests... It was my attitude. Pretty soon I had a counseling packet full of tiny little things that turned out to be one big Article 15 packet."

Rob said his attitude continued to deteriorate until he no longer cared about his Army career. In fact, he said, he was looking forward to getting chaptered out. But the Army wasn't quite ready to let him go. Instead, he was referred to the Army Substance Abuse Program.

At first he was self-referred, but after failing that portion of the program, he ended up command referred to the program's inpatient system, which meant, for a month, his place of duty was with ASAP.

"Soldiers are the Army's most valuable resource," said Joseph Youngblood, clinical director of Area IV ASAP, Korea Regional Office.

However, he said, a large number of Soldiers coming into the military will not make it through their first year. A major contributing factor in that is drinking. This represents a tremendous loss of resources, as it costs the U.S. government tremendous amounts of money just to train a Soldier and get him on the ground as a functioning Soldier — in some cases that can cost up to \$70,000 per individual, he said.

If a Soldier comes to Korea and develops a drinking problem and can't function in the unit, the government has not only lost a Soldier, but also lost the financial investment. The unit needs to get another Soldier to take his place, but in the process of doing that, there's a time gap where the Army has a dysfunctional Soldier and can't provide a replacement because the Soldier is already there.

"So, it diminishes unit strength and effectiveness and costs Uncle Sam a lot of money. Moreover, there's a damage to the individual himself," said Youngblood.

Alcohol prevention is as important as training a Soldier on his/her military duties, said Youngblood. The Community Counseling Center provides ASAP for Soldiers here. It consists of a treatment portion, which can be either inpatient or outpatient treatment, and individual, group and family therapy. Anybody who is an ID card holder is eligible for

this service, to include spouses and Department of the Army civilians.

The education program has someone who is dedicated to prevention and training. They provide educational services to schools, churches and various activities around the community, Youngblood said.

"ASAP is worldwide. Almost every post in the world of any size has a Community Counseling Center and all the counselors are master's-level clinicians," he said.

"For us, the instructors were all former alcoholics and addicts," said Rob. "Their classes covered every aspect of being an alcoholic in brutal detail. They showed us the effects alcohol had on the brain, and where we were in that cycle."

Alcohol use is absolutely the major factor in almost every crime and 65 percents in all water accidents. About 80 to 85 percents of domestic violence cases involve alcohol, said Youngblood. Child abuse also has a heavy alcohol component, he added.

"When we are talking about substance use, we are talking about the effects of substance use not only on the individual, but on family members as well. Soldiers are just the sampling of American population. And because of that, they come from every race, creed and belief. Generally, a Soldier is a young male/female between 18 and early to mid 30s, and,



Soldiers, families and units

today, most of them are married and have families," said Youngblood.

He said less than one out of 10 Soldiers has alcohol abuse problem. Two to three Soldiers get screened a week. People come here for a number of reasons: self-referrals, command referrals, bio-chemical referrals, apprehension investigation referrals and medical referrals. And most of people that come to the Community Counseling Center don't really have a drinking problem.

"They just get in trouble drinking. They need to develop better self-control and behavior. Out of the ones that we see, most never come back again. When they come here, they get an opportunity to look at what they are doing, and they change their behavior," said Youngblood.

Showing up for formation under the influence of alcohol is pretty common thing for some Soldiers, said Youngblood.

"Many Soldiers misjudge the amount of alcohol they can drink. If a person drinks after a heavy meal, it slows down the alcohol getting out of the system," he said.

A relatively small percentage actually has drinking turn into a problem, Youngblood said.

If a person develops a tolerance for using any substance, it takes more for them to get the same effect. Then, that is a problem because it shows that the body is adjusting the use of it.

"With alcohol, it actually becomes bothersome, because alcohol is a poison and a toxin. It will kill you if you drink enough of it. At some point your drinking amount might be a lethal dose," he said.

There are many symptoms of an alcohol problem.

"If it is beginning to have a negative effect psychologically and you see yourself having to use the alcohol to have fun or to socialize, then that is a problem," he said. "A lot of time I ask people, 'what do you do for fun?' If a large part of your recreational activities include consumption of alcohol, then you might want to take a look at it. If all your friendships are based on alcohol use, then it interferes with your social life."

There needs to be cautious approach to people having alcohol abuse problems.

"Alcoholism is an illness. Don't preach when you see someone having a drinking problem," said Youngblood. "Probably the worst thing

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that can happen is some well-intended person to start preaching to someone."

"Most people don't want to hear it. If that is someone you care about and think they have the problem."

His advice is to bring them to the Community Counseling Center or refer them to a chaplain.

"Let the professionals make assessments. It doesn't necessarily have to do anything that hurts a person's career. We are not punitive program, but we are here to provide education," he said.

It's not the use. It's alcohol abuse that gets people into trouble.

"We are focusing on prevention. We are certainly not anti-drinking, but we are trying to reduce the prevalence of alcohol abuse," he said.

"If you can't do it yourself, ask for help."

If your drinking is interfering with your Army career and you value the career, you may need to give up the alcohol.

Rob is one person who's grateful that the Army has a substance abuse program.

"Alcohol leads to three places: death, jail or the mental institution," he said.

"I'd probably be dead if I hadn't quit drinking," said Youngblood.

From the TEAM 19 Magazine

일상생활 영어 표현 및 이런 것이 사람들에게 알려졌으면 좋겠다는 내용을 가지고 있는 분은 저희 사무실 DSN 768-7353으로 연락 주시기 바랍니다.

Expressions

1. Are you out of your mind?

당신 제정신입니까?

A : I'm going to tell the boss that it's high time that he gave us all a raise!

B : Are you out of your mind? He will fire you for sure.

A : 사장님에게 가서 우리들의 봉급을 올려줘야 할 때라고 말 할겁니다!

B : 당신 제정신 입니까? 그는 분명히 당신을 해고할겁니다.

A : Are you out of your mind? You'll be as sick

as a dog if you drink that water.

B : If I don't drink it, I'll die of thirst!

A : 당신 정신 나갔습니까? 그 물을 마시면 아주 메스꺼울겁니다.

B : 이 물을 안마시면 목말라 죽을겁니다!

2. You've hit the nail right on the head.

바로 맞혔습니다!

A : Is Jimmy's birthday this weekend?

B : You've hit the nail on the head. That's why we're decorating his room.

A : 이번주가 지미의 생일입니까?

B : 바로 맞혔습니다. 그래서 지금 우리가 그의 방을 꾸미고 있는겁니다.

A : She hit the nail on the head with her theory about global warming.

B : That's right. All the current research proves her theory was right on the money.

A : 지구 온난화에 대한 그녀의 이론은 딱 들어맞았습니다.

B : 맞습니다. 현재 나오고 있는 이론들이 그녀의 이론이 옳다는 걸 증명하고 있습니다.

3. It's not my cup of tea.

그건 내 스타일이 아닙니다.

A : Do you like the sweater I bought for Janice?

B : Well, it's not my cup of tea, but it will look lovely on her.

A : 내가 제니스 주려고 산 스웨터 마음에 드십니까?

B : 글썄, 그건 내 스타일은 아니지만 그녀에게는 잘 어울릴거 같습니다.

A : Let's order Japanese food for dinner.

B : It's not my cup of tea. How about Korean?

A : 저녁 식사 일식으로 합시다.

B : 일식은 내 취향에 안맞습니다. 한식은 어때습니까?

용산기지에서 열린 성가대회

미8군 공보실

일병 최의진

지난 12월 3일 용산기지 사우스포스트 교회에서는 단본부에서 주최한 성가대회가 열렸다. 전국의 카투스들을 주축으로 하고 미군과 민간인들도 함께 참여한 이 대회는 총 17개의 팀이 참가하였고 대상, 금상, 은상, 인기상 및 3팀의 장려상을 뽑는 방식으로 진행되었다. 동두천 지역 신우회 연합팀의 2사단 1여단 272 전차대대 본부중대 군중병 이동경 일병은 “신우회사람들끼리 좋은 시간을 보낼 수 있으며, 같은 지역대에 어떤 사람들이 있는지 서로 알 수도 있고 또 이번 기회를 통해서 다른 캠프 사람들도 보고 교회에 다니지 않는 사람들에게도 좋은 경험이 될 것 같아 다른 친구들도 설득 하여 참가하게 되었다고” 참가 동기를 밝혔다. 또 대구 신우회팀의 대구 20지원단 중대본부 보급실 보급병 정준



열정적인 안무와 가창실력으로 대상을 차지한 평택 신우회팀의 모습.

섭 상병은 “원래 기독교 신자인데 찬양을 통해서 하느님께 영광을 돌리는 좋은 기회가 주워졌다는 것이 좋았고, 또 이번 기회를

통해서 다른 지역에 흩어져있던 동기들이나 친구들도 만날 수 있고 신앙심을 통해 모르는 사람들과의 우정도 쌓아갈

수 있어 참 좋은 기회인거 같다”며 참가 동기를 밝혔다.

참가팀들 중 일부가 늦게 도착하여 예정보다 30분 늦은 오전10시 부터 진행된 이 대회는 점심 시간을 포함하여 약 6시간동안 진행되었고 연말 연시다운 분위기를 한껏 느낄 수 있는 시간이였다. 이 날 행사는 자칫하면 식상하게 느껴질 수도 있는 성가들을 전국 각지 팀들의 그 동안 정성스럽게 준비한 가창 실력과 색다르고 개성있는 안무로 경건하면서도 흥미롭게 진행 되었다. 모든 순서가 마무리되고 대상은 평택 신우회팀, 금상은 부산 지역대팀, 은상은 미 2사단 포병 항공 여단 연합팀, 동상은 서부 전선 연합팀이 수상하였다. 그리고 이 날 독특한 안무와 아이디어가 돋보였던 25 수송대대 지원대팀은 인기상을 수상하고, 8군본사팀, 17항공 여단팀, 왜관 신우회팀은 장려상을 수상하였다. 대상팀에게는 4박5일의 포상휴가와, 금상, 은상, 인기상 수상팀에게는 3박4일의 포상 휴가가 수여되었다. 대상을 수상한 평택 신우회팀의 1통신여단 36통신대대 501통신중대 전산병 허영길 병장은 “한달 동안 저희 평택 지역대 카투스들이 모여 열심히 연습해서 이번에는 어떤 상을 받을 것이라 생각했었는데 대상을 수상하게 되어 매우 기쁘고, 저희가 하나가 되어 하나님을 찬양한 결과라고 생각한다”



멋있게 차려입은 8군 본사팀의 찬양하는 모습.

며 수상소감을 밝히며 “개인적으로 말년휴가 기간이라 4박5일 휴가를 쓸 시간이 없어 너무 아쉽다”며 즐거운 아쉬움을 표했다. 금상을 수상한 부산 지역대 팀의 19전지사 20지원단 제 4 공수병참 중대보급병 구경현 병장은 “부산 지역대 연합으로 나온것이 처음이자 마

지막이 될것 같다. 솔직히 상은 기대안했는데 금상을 수상하여 기쁘고, 같이 함께 열심히 연습해주신 전우분들께 감사드리고 하느님께 감사드린다”며 수상 소감을 밝혔다.



아카펠라를 멋있게 보여주는 미2사단 포병항공여단 연합팀의 모습.



Supply Excellence Award Winners

◆6th Ordnance Battalion, 20th Area Support Group

◆4th Quartermaster Company, 20th ASG

◆HHC, 6th Ord. Bn., 20th ASG

◆HHC, 23rd Area Support Group

◆HHD, 194th Maintenance Battalion, 23rd ASG

**◆520th Maintenance Company, 194th Maint. Bn.,
23rd ASG**

**◆HHC, 498th Corps Support Battalion, 501st Corps
Support Group**